

2018 AUTUMN NEWS



Lesley Murphy CEO

I am really pleased to have joined RCCP at this very exciting phase of its development. News of the Professional Standards Authority ("PSA") accreditation recognised the immense amount of hard work that many people had put into ensuring that RCCP is now recognised as an accredited register and an organisation that demonstrates its commitment to professionalism quality and patient safety.

I know that RCCP has high expectations of me and that it requires a step change in leadership. I have worked in the public, private and third sectors in senior management roles and with organisations going through change and transformation. The challenges faced by RCCP are not unfamiliar to me and I have spent these last few months

reviewing the entire organisation, its systems and processes and assessing what the future will look like.

I enjoy working as part of a team and team-working is something that is very evident with RCCP. Council lay members and staff all enjoy working as part of this team and I am pleased that we have appointed Kelly and Jude who will bring new skills to the organisation.

In this next phase of my work I am looking forward to meeting representatives of other accredited registers and with these peers understanding the challenges that organisations such as RCCP have and learning lessons from them to ensure we build an even better organisation and emulate the great work that has gone before.

Summer signing!

New members of staff join the RCCP team

Both give their overview of what they hope to achieve while working at the RCCP.

Kelly St. Pier - Registrar

I am thrilled to be appointed as the new RCCP Registrar at a time when the RCCP enters a new phase. Having recently achieved PSA status I resolutely believe the RCCP is in a strong position to further strengthen its core regulatory functions in maintaining its register for eligible clinical physiologists to practice in the UK.



I have been professionally associated with RCCP since 2005 through the Association of Neurophysiological Scientists ("ANS"), where I served the Honorary Chair and later as the Vice Chair of RCCP itself, between 2014-2016. As a practising Clinical Physiologist, Chartered Scientist and regulated Clinical Scientist through the Health and Care Professions Council ("HCPC"), I know first-hand the importance of public safety, high professional standards and maintaining public confidence in the clinical physiology professions - this is at the very heart of the values and integrity that the RCCP seeks to promote, and which I will endeavour to embody as Registrar.

Jude Savage - Deputy Registrar

I enjoyed a 14-year career as an NHS Respiratory and Sleep Physiologist at the University Hospital Birmingham, where my special interests included Home Oxygen Therapy and Blood gas sampling and analysis. I also teach as a visiting Lecturer teaching at the University of Wolverhampton.



I also have a special interest in the use of progressive leadership methodologies to enhance the working experience for Healthcare Scientists at all levels.

As a new member of the expanding RCCP team, I look forward to working with the diverse range of accomplished professionals to assist in the continuing development of an already high achieving organisation. I am hoping to bring innovative thinking and promote the professional identity for all the modalities represented by the Council.

CPD 2019 - Are you Continuing to maintain your Professional Development?

RCCP will be carrying out its forthcoming CPD Audit next year and all registrants should be mindful that they must be maintaining their CPD in order to remain registered. Please click here to learn more about the RCCP CPD and examples of activity that we are looking for <https://www.rccp.co.uk/articles/86/Want-to-know-more-about-CPD>

Update on Healthcare Regulation Reform

Members of RCCP attended a Westminster Health Forum Keynote Seminar on next steps for professional healthcare regulation in June. RCCP was the only register present representing Clinical Physiologists. During the meeting feedback was given from all the major statutory registers (e.g. General Medical Council, Royal College of Nursing and Health Care Professions Council) on how they are responding to the consultation including working closer together and harmonising policies and sanctions.

RCCP will continue to make the case for Clinical Physiologists to be statutorily regulated to improve protection for patients. There will be more on the implications for the RCCP in the next issue of the magazine.

Update on Professional Standards Authority accreditation



Christine Braithwaite, Director of Standards & Policy of the PSA presenting RCCP chair, Trefor Watts with our certificate of achievement.

As you know the RCCP has gained PSA accreditation and we have been working on a number of themes to promote this. You will have noted that your 2018 certificate contains both the RCCP and PSA logos. NHS Employers are recommending that trusts appoint staff who are on a PSA accredited register.

Retirement of long serving RCCP advocate

We recently said goodbye to Patricia Vales, RCCP council member. Patricia has been involved with RCCP since 2001 and has regularly raised the profile of the organisation over the years. We wish her well for the future and thank her for all her contributions to RCCP.



Patricia Vales with the chair presenting her with flowers as a token for all her hard work

RCCP founder awarded Dame in the recent Queens Birthday Honours

Professor Sue Hill, the current Chief Scientific Officer at NHS England and a founder registrant of RCCP in 2001, received her Damehood in the summer. Congratulations Sue.

Annual RCCP renewal process

Thank you for renewing your subscription

As you are aware the annual renewal process started in May. At the time of writing, of the 5,888 active registrants over 5,100 have fully completed the process. It's really important that you keep your profiles up to date and you can do so by logging into your account at any time.

Registrants who also work in the private sector must upload their indemnity insurance certificate as part of their renewal declaration.

This is not optional and thank you to registrants who have provided this evidence. We shall be shortly contacting those that still need to provide this information.

In addition, if you haven't completed the online declaration or paid your annual subscription you will need to do so by the end of August. If not you will be removed from the register.

Audiology / Hearing therapists	2225
Cardiac Physiologists	1962
Respiratory Physiologists	443
Neurophysiologists	415
Gastro-Intestinal Physiologists	41
Sleep Physiologists	22
Other	11

From the Professions

In this section RCCP will be highlighting 1 of the Clinical Physiology professions and in this issue, it is information from Sleep Physiology

ARTP/BSS Membership Discount

The BSS and the ARTP have arranged a discounted membership price for their members. If you are currently a member of the ARTP and sign up to BSS membership you will then receive £8 off your first payment. For more information on this joint membership please visit: www.sleepsociety.org.uk

Change in the driving regulations relating to tiredness

The DVLA regulations for OSA patients with sleepiness were changed in January 2016 in response to a new EU directive. The directive was intended to harmonise rules across the EU, but in the UK resulted in a new set of inflexible regulations, that did not represent clinical reality.

During 2017 extensive discussions between the OSA Alliance (a group set up specifically to address the issue and comprising the OSA partnership group, BTS, BSS, ARTP and other interested parties) were protracted but ultimately successful.

New guidelines were agreed and accepted in October 2017.

They are more pragmatic and align with rules governing other medical problems.

The British Thoracic Society published an updated position statement in April 2018 on driving and obstructive sleep apnoea in response to recent legislative changes in this area. This statement was reviewed and is supported by the BSS Position Statement. Driving and obstructive Sleep Apnoea (OSA) 2018 is accessible via <https://www.brit-thoracic.org.uk/standards-of-care/qualityimprovement/sleep-apnoea/>.

It contains information on the roles and responsibilities of medical professionals, along with a series of real-life scenarios and advice on how these should be approached.

Sleep in the News

Weekend napping made the news, thanks to the study "Sleep duration and mortality – Does weekend sleep matter?" (Akerstedt et al, 2018), published in the Journal of Sleep Research (<https://doi.org/10.1111/jsr.12712>), which challenges the orthodox view that catching up on sleep at weekends is not adequate. Examining mortality rates in a cohort of nearly 44,000 over a period of 18 years, the authors found the usual increase in mortality when sleep ≤ 5 hrs or ≥ 9 hrs, but not in a group who slept ≤ 5 hrs on week days but ≥ 9 hrs at weekends.

Sleep courses and conferences

ARTP Basic Sleep Course

Birmingham, UK **25th September 2018**

<http://www.artp.org.uk/en/courses/artp-sleep-courses.cfm>

Congress of the European Sleep Research Society

Basel, Switzerland **25th -28th September 2018**

<http://www.esrs-congress.eu/2018.html>

ESST Congress

Basel, Switzerland **26th September 2018**

<https://www.esst.org>

The Physiological Society

London, UK **5th – 6th December 2018**

<http://www.physoc.org/eventslisting>

British Thoracic Society Winter Meeting

London, UK **5th – 7th December 2018**

<https://www.brit-thoracic.org.uk/bts-learning-hub/bts-summer-and-winter-meetings/winter-meeting-2018/>

Accredited Registers Conference 2018

Conference update by Joy Tweed, Lay member of Council

Untapped Resources in the Wider Workforce – next steps

RCCP received accreditation of its register earlier this year and this was the first Accredited Registers Conference attended. Harry Cayton, outgoing Chief Executive of the Professional Standards Authority (PSA), gave the preliminary address. There are now 25 organisations with Accredited Registrars and he highlighted that the model is seen as a successful one, with much interest internationally. The outcome of the consultation on professional regulation, which concluded in January, is still awaited. A possible output from the consultation is that those professional groups who are either statutorily regulated or who have Accredited Registers may change. This would, however, require legislation which is not envisaged in the near future.

The main focus of the morning was on research carried out by the Royal Society of Public Health and the PSA, identifying how the Accredited Registered workforce could be an additional public health resource. For more information see the joint publication Untapped Resources: Accredited Registers in the Wider Workforce on the PSA website.

There was a useful session on preventative regulation led by Shane Carmichael from the GMC. The focus has

shifted to 'preventing problems upstream'. – how the millions the GMC spends on investigations/Fitness to Practice could be better spent on preventing problems from occurring in the first place. The GMC has large amounts of data and can analyse this to see which Doctors are more likely to be referred to the GMC. However, knowing what to do with this information raises many questions, including ethical ones.

The afternoon concluded with a presentation on recent research carried out by the PSA on sexual misconduct and dishonesty, entitled 'Bad apples? Bad barrels? Or bad cellars? Antecedents and processes of professional misconduct in UK Health and Social Care.' This research was based on fitness to practice hearings across three of the statutory regulators and identifies three different types of perpetrator: the self-serving bad apple, the individual who is corrupted by the falling standards of their workplace, and the depleted perpetrator struggling to cope with the pressures of life. The PSA is looking to see how the findings can be used to support preventative interventions in future by regulators, employers, and others. This is in line with the move to preventative regulation highlighted above. The full report is available on the PSA website.

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